



**UrjaMuNi**

Foundation

भाव्यं दीनेषु वत्सलैः

Reg No: E/3619/Anand



# Health Care

Empowering lives with compassion, UrjaMuNi Foundation brings hope and healing to those in need.

Presented By: UrjaMuNi Foundation

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# Medical Kit Distribution and Health Awareness

UrjaMuNi Foundation distributed medical kits and conducted health awareness programs for rural women. These initiatives provide essential health information and supplies, educating them on prevention and treatment. We are committed to ensuring women receive proper health services and awareness, as they are key to a healthy family and society.

## Empowering Rural Women Through Health Initiatives

At UrjaMuNi Foundation, we understand that women's health and well-being are vital for a thriving community. Recognizing the unique challenges faced by women in rural areas, we launched an initiative focused on improving their health. Our recent efforts, which include distributing medical kits and conducting health awareness programs, mark significant progress in this mission.

### Medical Kit Distribution

Our medical kit distribution aims to equip rural women with essential healthcare supplies. The kits include basic medications, first aid items, and health monitoring tools. By providing these resources, we help women manage minor health issues at home, reducing the need for long, costly trips to healthcare facilities. This initiative directly addresses the lack of accessible healthcare in rural areas, empowering women to maintain their own and their families' health.

### Health Awareness Programs

Beyond providing medical supplies, UrjaMuNi Foundation is committed to health education. Our awareness programs empower women with knowledge on common illnesses, preventive care, and effective treatments. Health experts cover topics ranging from nutrition and hygiene to maternal and child health, offering practical advice and answering questions. These sessions are essential in promoting proactive health management among rural women.





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# Social Welfare

Every gesture of kindness is a step towards a brighter future join us in spreading hope and changing lives.

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# Ration Aid for Widows and Disabled

UrjaMuNi Foundation organized a ration distribution program for widows and disabled individuals facing financial difficulties. We provide food and essential items to help them move forward with renewed hope.

**Ration Distribution Program: Supporting Widows and Disabled Individuals**  
UrjaMuNi Foundation works to improve the lives of widows and disabled individuals who face financial challenges. Our ration distribution program offers essential food and supplies. This support helps them regain hope and dignity.

## Program Highlights

**Comprehensive Support:** We provide food, groceries, and essential items. This ensures that beneficiaries can meet their basic needs.

**Targeted Aid:** Our program specifically helps widows and disabled individuals, who often need urgent assistance.

**Community Collaboration:** We work with local communities to find those in need and ensure they receive the help they require.

**Regular Distribution:** We hold regular distribution events to offer continuous support and stability to our beneficiaries.

## Impact

**Food Security:** Our program helps ensure that no one goes hungry. It provides a safety net for those struggling to afford daily meals.

**Renewed Hope:** By addressing immediate needs, we restore dignity and inspire hope for a better future.

**Community Strengthening:** Our efforts help build a supportive and compassionate society. Everyone plays a role in caring for one another.



# Providing Sewing Machines and Fabrics

UrjaMuNi Foundation helps Santaram Charitable Trust Rasnol's classes by providing sewing machines and fabrics, empowering women to learn, become self-reliant, and contribute to societal progress. We're creating opportunities for women to turn their skills into income and support their dreams.

## Empowering Women Through Skill Development

At UrjaMuNi Foundation, we firmly believe that education and skill development have the power to change lives. Therefore, in our continued effort to support and uplift women, we recently collaborated with Santaram Charitable Trust Rasnol. By providing essential resources for their sewing classes, we are helping to bridge the gap between learning and application.

## A Step Towards Self-Reliance

As part of this initiative, we provided sewing machines and fabrics to the sewing classes at Santaram Charitable Trust Rasnol. This contribution is crucial in helping women gain valuable skills without facing financial or logistical challenges. By offering these tools, we empower women to transform their newly acquired skills into reliable sources of income, promoting both economic stability and independence.

## Our Vision of Empowerment

Our mission extends beyond just training. We focus on ensuring that women are not only educated but also empowered to become self-reliant. The sewing machines and fabrics symbolize much more than material support; they represent a path to economic independence and personal growth. Through this initiative, we give women the resources they need to build a brighter future for themselves and their families.



# Distributed blankets and biscuits to children.

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## **Enhancing Well-Being: UrjaMuNi Foundation's Support for Anganwadi Children**

At the UrjaMuNi Foundation, we are committed to improving the lives of young children through meaningful and impactful initiatives. Recently, our team embarked on a heartfelt mission to support the children at local Anganwadis by distributing warm blankets and nourishing biscuits.

### **The Importance of Anganwadi Centers**

The Anganwadi centers play a crucial role in providing early childhood care and education in our communities. Recognizing the importance of these centers, we aimed to contribute to the well-being of the children by addressing their immediate needs. The distribution of blankets ensures that these young minds stay warm and comfortable, especially during the colder months. This simple yet significant gesture helps create a cozy and secure environment for the children, promoting better health and comfort.

### **Providing Nourishment and Comfort**

In addition to the blankets, we provided packets of biscuits, which serve as a nutritious snack for the children. These biscuits not only provide essential energy but also add a touch of joy to their daily routine. By addressing both their physical comfort and nutritional needs, we strive to support their overall development and happiness.

